

# IMMANUEL UNITED CHURCH OF CHRIST NEWS

October 2009

418 W. 4TH STREET, SEDALIA, MO. 65301 Church Office: 660-826-3553 Parsonage: 660-827-2416

E-mail: [iuccsedalia@charterinternet.com](mailto:iuccsedalia@charterinternet.com)

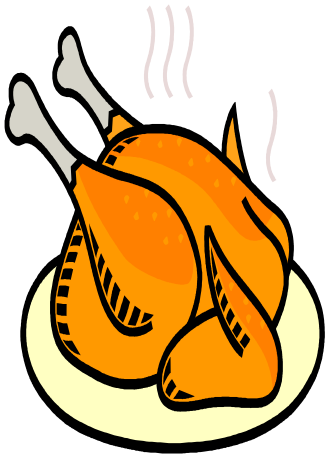
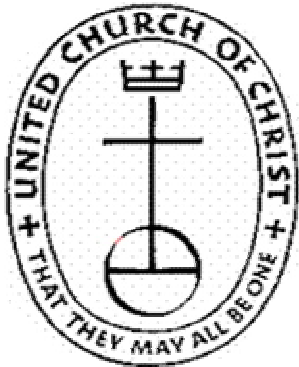
Website: [www.iuccsedalia.com](http://www.iuccsedalia.com)

Reverend Brady E. Abel, Pastor

Minerva Taylor, Office Manager & Editor

John Kritos, Organist

Larry Whipple, Sexton



## FROM YOUR PASTOR

With the unseasonably cool fall weather we have been experiencing these days, I am sharing a recipe I ran across that makes for a warm and hearty meal on a cool night:

*Pork shoulder roast, about 3 to 4 pounds; salt and pepper; 3 tablespoons flour; 2 tablespoons olive oil; 1 medium sweet onion, coarsely chopped or sliced; 1 can (14.5 ounces) tomatoes, diced; 1/2 cup port wine or red wine; 2 tablespoons red wine vinegar; 3 cloves garlic, finely minced; Sprinkle roast with salt and pepper; coat with the flour. In a large skillet, heat olive oil over medium-high heat. Sear the roast on all sides; transfer to the slow cooker. Add onions to the pan and cook until browned. Combine the remaining ingredients and add to the onions. Cook and stir until the mixture is simmering. Pour over the roast. Cover and cook on HIGH for 1 hour. Reduce heat to LOW and cook for 8 to 10 hours longer. Or, continue cooking on HIGH for about 4 to 5 hours longer. Transfer the roast to a serving platter. Put juices in a saucepan and simmer for about 10 minutes to reduce excess liquids. Serves 6. ([www.southernfood.about.com](http://www.southernfood.about.com))*

Doesn't that sound like an almost perfect way to fill an empty stomach?

Here is one more perfect recipe for a fall night in October. I recommend this for everyone:

*Take a tremendous number of volunteers; mix in several hours of work; put in a beautifully decorated fellowship hall; throw in a country store with baked goods and household items; include a raffle drawing with all sorts of prizes including four hand tuned wind chimes; remember the bidding on the themed baskets; offer a prayer or two; savor the aroma of delicious food; have one of the wide variety of scrumptious desserts; and serve it all up with faith, fun, and fellowship. Makes enough for over four hundred people from near and far and serves the Lord.*

Sound familiar? This is the absolute best recipe for the Annual German Dinner!  
*Pastor Brady*

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**Pastor's Report** – Immanuel United Church of Christ - Council Meeting – October 5, 2009

**Worship** – There was a service of Holy Communion (World Communion Sunday) October 4, 2009. I officiated at funeral service for Harry Miller III (father of Tom Miller) on Wednesday Sept 30. Wedding for Ernie Keele and Rachel Cooper is Saturday October 10 at Immanuel.

**Pastoral Care** – Calls continue as needed when and where.

**Community Activity** – We are hosting Sedalia pastor's Bible study at Immanuel on October 21.

**Committee Meetings** – CE and Evangelism have met since the last council meeting. Fellowship and Health and Wellness are scheduled before the next council meeting.

**Congregational Activity Review** – Music recital was held on Sunday Sept. 13 honoring the 100<sup>th</sup> anniversary of the organ. Confirmation has begun. We have now collected 91 Reading and Writing Kits for Festival of Sharing. Adult study group will be meeting November 1 and 8 to discuss the book, "The Shack." Evangelism Committee invites everyone to a potluck after worship on November 22 and then plan to stay for hanging of the greens.

**Congregational Goals for 2009** – Review goals for 2010

**UCC Update** – The MMSUCC Biennial Meeting is Friday October 30 – Sunday November 1 in Independence. Leora Bremer will attend as a delegate. I will also be attending (Friday and Saturday). We can send one more delegate, and should, from Immanuel. Major changes for the conference are being considered. See Leora or me if interested. I did attend the Persons in Ministry "Retreat" September 21-23 at Lake of the Ozarks. This is always an educational and enjoyable gathering.

## COUNCIL MINUTES (unapproved)

The Council meeting was called to order at 7:02 p.m. Those in attendance were David Moore, Kathy Smith, Leora Bremer, Dee Cain, Wayne Baslee, Gary Case, Letitia Gerlt, Phil Gerlt, and Pastor Brady Abel. Brady began the meeting with a devotion from *Upper Room*, a scripture reading from Matthew 6: 19-34, and a prayer.

No additions or corrections were made to the minutes. Phil made a motion to accept the minutes, Dave seconded, and the motion passed.

### Financial Reports

**OCWM:** Brady reported that \$3,038.50 was collected for OCWM so far this year.

**Treasurer's:** Gary stated that giving has been up. He also reported we are right on schedule with salary. Utilities are not as bad as we expected them to be, which has helped out on the budget. The expenses are at 73% for the year so far. We have a projected \$10,000 deficit for the year. One of the CD's came due. Total current assets are \$234,554.47.

**Benevolence:** Gary reported that the Benevolence Fund took in \$505.55 and the current balance is \$1,023.45 after giving \$750 to Eden Seminary for a scholarship, \$219 to Engineers without Borders, and \$12.55 to St. Jude's.

**Memorial:** Gary reported that the available funds total \$20,372.78

**Improvement and Maintenance:** Wayne reported that we took in \$277.73. \$10.56 was spent at Lowe's for a bathroom

stool, \$47.66 was spent at Smith Paper Janitorial Supply for bathroom tissue paper, and \$30 was spent on lawn mowing fees. The balance on hand at the end of the month was \$8,859.48 and the total funds available were \$19,622.07.

**Food-4-Kids:** Brady reported that we had a beginning balance of \$ 6,735.78 and an ending balance of \$7,100.21.

Phil made a motion to accept the financial reports, Kathy seconded, and the motion passed.

### Committee Reports

**Pastor's Report:** Brady mentioned the MMSUCC Biennial Meeting is coming up and would like for anyone interested in going to please think about attending.

**Fellowship:** Leora reported that the German Dinner committee is to meet October 6 at 7:00 to get things finalized. The allocation of proceeds will be decided on after the dinner.

**Improvement and Maintenance:** Wayne reported Don found someone to look at and give a bid on the gutters. He also said getting the grill for the Festival of Sharing breakfast is not a problem. A CD will be due on 10/12/09. The best rate is a 3 year commitment and Gary thinks we can afford to keep it in a CD for 3 years. Also, Mary McLaughlin will come by to look at the lounge some time. Some Priority Lists have been gathered and Leora will pass them on to the appropriate committee.

**Evangelism:** Brady reported they met and are making the Church Weenie Roast and Hayride on October 18 the evan-

gelism event for October and the Hanging of the Greens on November 24 the evangelism event for November. Place mats have been made to use for the German Dinner and Carol Knight has volunteered to laminate them. The place mats can be used again for other events.

**Outreach:** Phil reported that they have a meeting planned to organize a possible rummage sale next Spring and Kathy will coordinate it. Leora reported that our prices are lower than other churches' rummage sales. Kathy sent fliers about the German Dinner to area churches in other towns to maybe get some interest outside of Sedalia. Brady says our dinner was lifted up at the Persons in Ministry "Retreat" by the conference minister as a good example of outreach.

**Worship and Music:** Have not met since the recital. Gary says we pay the organist/choir director per event (for the recital), so we should pay John for the recital. Dave made a motion and Dee seconded it. The motion passed.

**Stewardship:** Gary reported that we need to keep pushing people to put in their pledge cards. We had a good turn out of commitment cards on October 4 with 24 commitments out of the 70 paying units we expect. We have a letter going out thanking people if they have sent in a pledge card and if they haven't to please do so. The letter also lets people know what they paid this year and where you are at on your commitment from last (cont'd on page 4)

year. Hopefully, we can get all the pledges in by October 25 and tallied on October 26, which would allow us to finalize the budget.

**2010 Budget Proposal**

24 Faith Promise cards have been received so far. Gary discussed the proposed budget is developing for 2010. The budget will be finalized at the October 26 council meeting and mailed out to church members in preparation for the November 15 Congregational meeting.

Brady commented that many regular givers have become committed givers, which is good news. Brady reported we are averaging 7 new members a year and are showing a net increase in the last 5 years when you look at member loss versus new members. Brady said the membership roll will be at 165 members (who are all regular givers).

**Christian Education:** Gave a reminder about the weenie roast at 4:30 and to bring a covered dish.

**Health and Wellness:** A meeting is planned for October 13.

**Technology:** Leora reported we have the combo printer/copier/fax machine and it appears to be working fine. Tim is still looking for a stand for it.

**Pastoral Relations:** Dee reported they met and discussed the past year's goals and how well we gave done in meeting those goals. They updated a list for 2010 and updated the list (nothing was removed). Gary mentioned on goal #5 the 2000 dollars should be updated to match what our budget is for 2010 and once we have the final figure it can be updated. Brady said goal #12 has been changed slightly and is asking the evangelism committee to help with this goal and hopefully we will have a proposal for a mission statement with added vision and values. #8 has been changed from last

year's goals to be more geared toward the whole congregation whereas last year's was more geared toward the evangelism committee. Gary moved to accept the report with the added changes for goal #5, Wayne seconded, and the motion passed.

**Food 4 Kids:** Brady reported that the committee would be meeting soon to review 2009 and start making tentative plans for 2010.

**Executive Committee:** The November 15 meeting is to include discussion for the update on IRS regulations for the pension plan.

**Old Business:**

Insurance coverage for stained glass windows: Leora got information from Becky Stetzenbach on how much our stained glass windows are covered for now and at what cost. As of now, the coverage we have would cover damage to all windows. An additional 990 dollars a year would be needed to cover the stained glass windows at their appraised value which would cover the windows at a complete or total destruction of the building. Discussion followed and Leora is going to find out if the parsonage is covered in our current plan and how much would be needed to cover it if it is not currently included. Leora is also going to see if we can choose how much we want to insure the windows for. Gary is going to look at the UCC Insurance Company and see how much they would insure for and how much the premium cost would be. We are going to find out some more answers, think about it some more, and see how the budget comes in and look at it at the next meeting.

**New Business:**

- Church women united will meet here Saturday, November 7 for Human Rights Day and World Communion Day. The fellowship committee will furnish brunch at 9:30 a.m.

- Gary and Wayne are heading the Festival of Sharing Breakfast on October 17.

- A nominating committee was created to help find replacements for those leaving the council. Those on the committee are Phil Gerlt, Carol Knight, and Dave Moore. Names are needed by the next council meeting so they can be on the ballot to be voted on by the congregation at the November 15 congregational meeting. (3<sup>rd</sup> Sunday)

A reminder was given the next council meeting will be October 26. The meeting was adjourned and closed with the Lord's Prayer.

Respectfully submitted, Letitia Gerlt.

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**Library News**

If you enjoy inspirational romance fiction there are a number of these books in the Library section labeled "New Books." Just sign the card and drop it in the basket on the desk. Then take the book home and enjoy reading. New books are welcome, just leave them on the desk.

Health & Wellness  
Committee

## PARRISH NURSE NEWS

### Health Insurance Scams

Medical discount cards offer discount services with hospitals and doctors. They are a way for some people with pre-existing conditions to get medical care in a way that will save them money.

The cards will often list doctors and hospitals as in-network and only when the patient seeks treatment do they find out that the doctor or hospital has never heard of the card company.

Some discount cards are legitimate, but be wary if you learn about the card from a pop-up on the internet, they promise a percentage savings, or they use the term "guaranteed coverage." You don't get a list of providers until you sign up, and it sounds too good to be true.

### Natural Doesn't Mean Safe

Some people think herbs are safe because they come from nature. If used properly they can be safe. Often the problem is that people take too much; if a little helps then ten times that much should really help.

It is best to discuss with your health care provider which herbal medications would be best for you and the dosage you should take. Your health care provider definitely needs to know what herbal medications you are taking when he/she orders prescription medications because there may be interactions between the two medications. Your health care provider may request that you discontinue use of herbal medicines about two weeks before surgery because they can cause severe bleeding. Common herbs that can cause complications with anesthesia are garlic, ginseng, and Echinacea.

Fish oil is a safe supplement to increase your intake of heart-healthy fat. If

taken in high doses, more than 5 grams a day it can cause excessive bleeding.

St. Johns' Wort is often taken to relieve depression but can cause serious side effect and increase the potency of many other drugs. The Mayo clinic recommends that people not take St. Johns' Wort if they are taking antidepressants, anti-blood-clotting drugs, certain asthma drugs, immune suppressing medications or steroids.

Leora Bremer, R.N.  
Parish Nurse

Source: [Mayoclinic.com](http://Mayoclinic.com)

*Information written in Parish Nurse News is not intended as a substitute for Professional Medical advice. Consult your health care provider concerning your individual health care needs or in emergency situation seek medical assistance immediately.*



# PLAN FOR GERMAN DINNER OCTOBER 24

The German Dinner is approaching fast. This Saturday, October 24, from 4:00 to 8:00 p.m. is our annual festive celebration. Plan to attend and help.

Our raffle items this year are a handmade afghan; 4 sets of chimes donated by McLaughlin Furniture Store; (2) \$25.00 gift certificates and (5) \$10.00 gift certificates from Moore's Greenhouse and Flower Shop; a \$25.00 Gift Certificate to White's Cleaners; a "Chief's" Throw by Kathy Smith; (2) \$10.00 gift certificates from Papa Murphy's Pizza; a "Sedalia" Throw donated by Loretta Langkrah; (4) \$10.00 Perkins Gift Certificates; (2) \$15.00 gift certificates from Bandanas. A handmade basket will be donated by Leora Bremer.

We are having our "theme baskets" silent auction again this year. We have 14 baskets to bid on.

Our Country Store will be open throughout the dinner. There will be crafts, baked goods, candies, jellies, canned foods, nuts, squirrel corn, squash, potatoes, and many other items.

Proceeds from the dinner this year will go to the church's general fund and youth fund with a portion given to the Open Door Food Pantry.

Tickets are \$9.00 or \$10.00 at the door for adults, \$4.00 for children 6 - 12 and children under 6 are free. Tickets are available at the church office (660-826-3553).

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## ***THIS AND THAT***

*Immanuel UCC will be the host church this year for Church Women United Human Rights and World Community Day on **November 7, 2009 at 9:30 a.m.** Brunch will be served. Please plan to attend this event and represent Immanuel.*

*Have you read the book "The Shack"? If so, and even if you haven't, you might want to join in a study group being held on November 1 and November 8 following worship service to discuss the meaning of this book and God's presence in our lives. Bring a sack lunch and join us.*

August 15 thru October 15

The Pantry - Food donated (August 18 - September 15) 194 pounds (September 16 - October 15) 742 pounds. Annual total of food donated equals 6,030 pounds.

Hours worked - August - September - None  
September 15 - October 15 - 11 hours

Annual total = 302 hours

"Pickins" are still pretty slim at the Pantry, although better than the last 2 months. On October 12, James Graves, our helper, was able to cover the center aisle by himself. This made it possible for me to pick up food from the church, the bread store,

During November the children will be hearing stories about some of the women in the Bible and what they have to offer us. They will learn that wherever they go there are choices to make. They will spend some time on the security of the family and what that brings to their lives. As they discuss Hannah, they will celebrate her faithfulness. November will offer opportunities to think about what they have learned from Jesus and others who teach us about God's way of love. The teachers in November will be Kris and Carol Knight.

On October 18 we gathered at Tom and Kathy Smith's for a hayride and a wiener roast. 38 people attended an enjoyable fall event. **Thank you** Tom and Kathy!!

Walgreen's etc. (You may have noticed the Open Door Pantry signs in Walgreens and the barrel by the doors to receive donations. Each week we pick up 20-40 pounds of donations here.) I appreciate Mrs. Trotter's efforts on behalf of the Pantry.

We served 95 families on the 12th. Even though clients realize we no longer have large amounts to give, they still come. If you are hungry, every bit helps.

What does the Pantry need?  
**YOU NAME IT!**

Bings have some good bargains on 1 pound packages of pasta. Mac and cheese dinners are reasonably priced also. Woods had some "Buy one - Get one Free" items

this week. Perhaps the "freebie" could be donated??

Remember to shop for the Holiday Food Packs.

THANKS FOR ANYTHING YOU DO.

*Betty Guth*



### SUNDAY SCHOOL ACTIVITIES

#### Upcoming Events:

**November 20 at 6:30 – Nov. 21 8:00 AM** Lock In - Plan to bring a friend!

**December 6 10:30** Worship Christmas program

**December 11 6-8** Pizza and Craft night

**December 12 1:00** Caroling to some of our homebound members

On Sunday September 27 the students participating in confirmation were recognized during worship. They have been meeting on Sunday evenings at 5:00 for their classes.

There will be an adult event taking place the first two Sun

days in November. Those who are interested will meet following worship for a brown bag lunch and discussion on the book, The Shack. If you have questions, check with Leora Bremer or Pastor Brady.

Julie Bales

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#### New Address for Mackenzie Cain:

**Mackenzie Cain  
276 Birrell St. Apt. 9  
Bondi 2026  
NSW Australia**

**BIRTHDAYS**

- |                               |                      |                                |
|-------------------------------|----------------------|--------------------------------|
| 1 - Helen Deuschle            | 10 - Marvin Albright | 19 - Andrew Treuner            |
| 3 - Joan Allen                | Rachel Dority        | 20 - David Moore               |
| 5 - Nancy Harster             | 14 - Betty Carpenter | 23 - Gary Case                 |
| 6 - Suzanne Wilbanks          | 15—Riley Moore       | Wayne Baslee                   |
| 9 - Loretta Langkrahr Edwards | 17 - Mallory Cain    | 27 - Kylie Bales               |
| Roger Hill                    | 18 - Megan Wilbanks  | 30 - Alexandra Wilbanks-Miller |
|                               |                      | Ashley Grotzinger              |

**ANNIVERSARIES**

- |                           |                            |
|---------------------------|----------------------------|
| 6 - Don & Betty Carpenter | 25 - Richard & Cathy Lewis |
|---------------------------|----------------------------|

**EVENTS**

**ALL MONTH—COLLECT HOLIDAY FOOD PACKS - Our goal is at least 100.**

- |   |   |
|---|---|
| 1 - Communion Sunday                      | 9 - 5:30 pm - Christian Education Meeting             |
| Study Group - "The Shack"                 | 15 Congregational Meeting                             |
| 7 - 9:30 am - Church Women United at IUCC | 16 - 6:30 pm - Executive Committee Meeting            |
| 8 - Blood Pressure Sunday                 | 20 - 21 - 6:30pm - 8:00 am - Children's Lock-In       |
| Study Group "The Shack"                   | 22 - Potluck dinner after worship & Hanging of Greens |
| 1:00 pm - Knitting Guild                  | 29 - Sedalia Santa Campaign Begins                    |
| 9 - Open Door Food Pantry                 | First Sunday of Advent                                |

**NOVEMBER 2009**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

## Lectionary Readings

**November 1:**

Ruth 1:1-8  
 Psalm 146  
 Hebrews 9:11-14  
 Mark 12:28-34

**November 8:**

Ruth 3:1-5; 4:13-17  
 Psalm 127  
 Hebrews 9:24-28  
 Mark 12:38-44

**November 15:**

1 Samuel 1:4-20  
 1 Samuel 2:1-10  
 Hebrews 10:11-14, (15-18), 19-25  
 Mark 13:1-8

**November 22:**

2 Samuel 23:1-7  
 Psalm 132:1-12  
 Revelations 1:4b-8  
 John 18:33-37

**November 29:**

Jeremiah 33:14-16  
 Psalm 25:1-10  
 1 Thessalonians 3:9-13  
 Luke 21:25-36



# SHARING OUR TALENTS FOR NOVEMBER 2009

**USHERS AND COMMUNION**

**Wayne & Wilma Baslee**

**LITURGISTS**

- November 1** - Lynda Hartman
- November 8** - Austin Bullerd
- November 15** - Ken Zindle
- November 22** - Luann Stovall
- November 29** - William Gerlt

**ACOLYTES**

- November 1** - Madison Knight
- November 8** - Kylie Bales
- November 15** - Madison Knight
- November 22** - Paige Staus
- November 29** - Allie Wilbanks-Miller

**GREETERS**

- November 1** - Marlin & B. J. Tegtmeyer
- November 8** - Julie & Kylie Bales

**November 15** - Eric & Carole Weese family

**November 22** - Eldon & Ellie Leiter

**November 29** - Steve & Dee Cain

**FLOWERS**

- November 1** - Joan Allen
- November 8** - Don & Betty Carpenter
- November 15** - Candace & Ted Wells
- November 22** - Dick & Leora Bremer
- November 29** - Tom & Kathy Smith

**FELLOWSHIP**

- November 1** - Kris & Carol Knight
- November 8** - Leora Bremer
- November 15** - Gary & Carol Case
- November 22** - Loretta Langkrahr
- November 29** - ??????

**NURSERY**

CAN YOU HELP IF NEEDED???

Ralph Linhardt, long time member of Immanuel UCC, passed away on Saturday, October 17, 2009. Funeral services are planned for 11:00 a.m. Wednesday, October 21 at Immanuel. Ralph is survived by his wife of 65 years, Margie, son, Wayne and his wife, Linda, and two grandsons. Ralph has been an intergral member of Immanuel since 1944 and he will be missed by all.

Aileen Brauer and George Hunter spent several days in the hospital.

Cathy Lewis is beginning cancer treatment.

Jane Meisenheimer spent the better part of a week at Bothwell Hospital and is now home and doing well.

Jacob Reno, son of Julie and Jason Reno, had tubes put in his ears and is doing well.

Letitia Gerlt had wisdom teeth pulled recently.

Tammy Manuel's mother, Fran Lightner, underwent heart by-pass surgery and is doing better.

Kevin Bogert's mother passed away in Iowa on September 30, 2009. Our condolences go out to Kevin, Rebecca and their family.

**CONGRATULATIONS** to Ernie and Rachel Keele on their marriage at Immanuel UCC on Saturday, October 10th with Pastor Brady officiating. We wish you both the best.



## HOLIDAY FOOD PACKS FOR OPEN DOOR

- |                                  |                                  |
|----------------------------------|----------------------------------|
| <b>2 cans green beans</b>        | <b>1 can cream mushroom soup</b> |
| <b>1 graham cracker piecrust</b> | <b>2 cans yams</b>               |
| <b>1 can French fried onions</b> | <b>2 cans pie filling</b>        |
| <b>2 cans corn</b>               | <b>1 box stuffing mix</b>        |
| <b>1 package marshmallows</b>    |                                  |

Please leave the food in bags or boxes in Red Room. Have food packs at the church no later than **Sunday, December 6**, so we can place into holiday bags, add the \$10 gift certificates and distribute the food packs on December 14 at Open Door. Our goal is to have at least 100 food packs. This is our **5th** year of sharing Holiday Food Packs. Thank you for your holiday generosity.